

Three questions for identifying gambling problems: *Brief Bio-social Gambling Screen (BBGS)*

1. During the past 12 months, have you become restless, irritable or anxious when trying to stop/cut down on gambling?

- Yes
- No

2. During the past 12 months, have you tried to keep your family or friends from knowing how much you gambled?

- Yes
- No

3. During the past 12 months, did you have such financial trouble that you had to get help from family or friends?

- Yes
- No

BBGS Scoring: Answering 'Yes' to one or more questions indicates likely pathological gambling.

Source: Gebauer, L., LaBrie, R. A., & Shaffer, H. J. (2010). Optimizing DSM-IV classification accuracy: A brief bio-social screen for gambling disorders among the general household population. *Canadian Journal of Psychiatry*, 55(2), 82-90.